

Gwnewch eich masg pwmpen Calan Gaeaf eich hun!
Crëwch eich masg pwmpen sbwc- taciwlar eich hun a
dysgwch am deimladau'r Calan Gaeaf hwn.

Rhowch gylch o amgylch un
 teimlad isod i'ch helpu i ddylunio
 eich pwmpen yna dechreuwch
 lunio!

Mae fy mhwmpen yn teimlo'n:

Hapus Drist Gyffrous



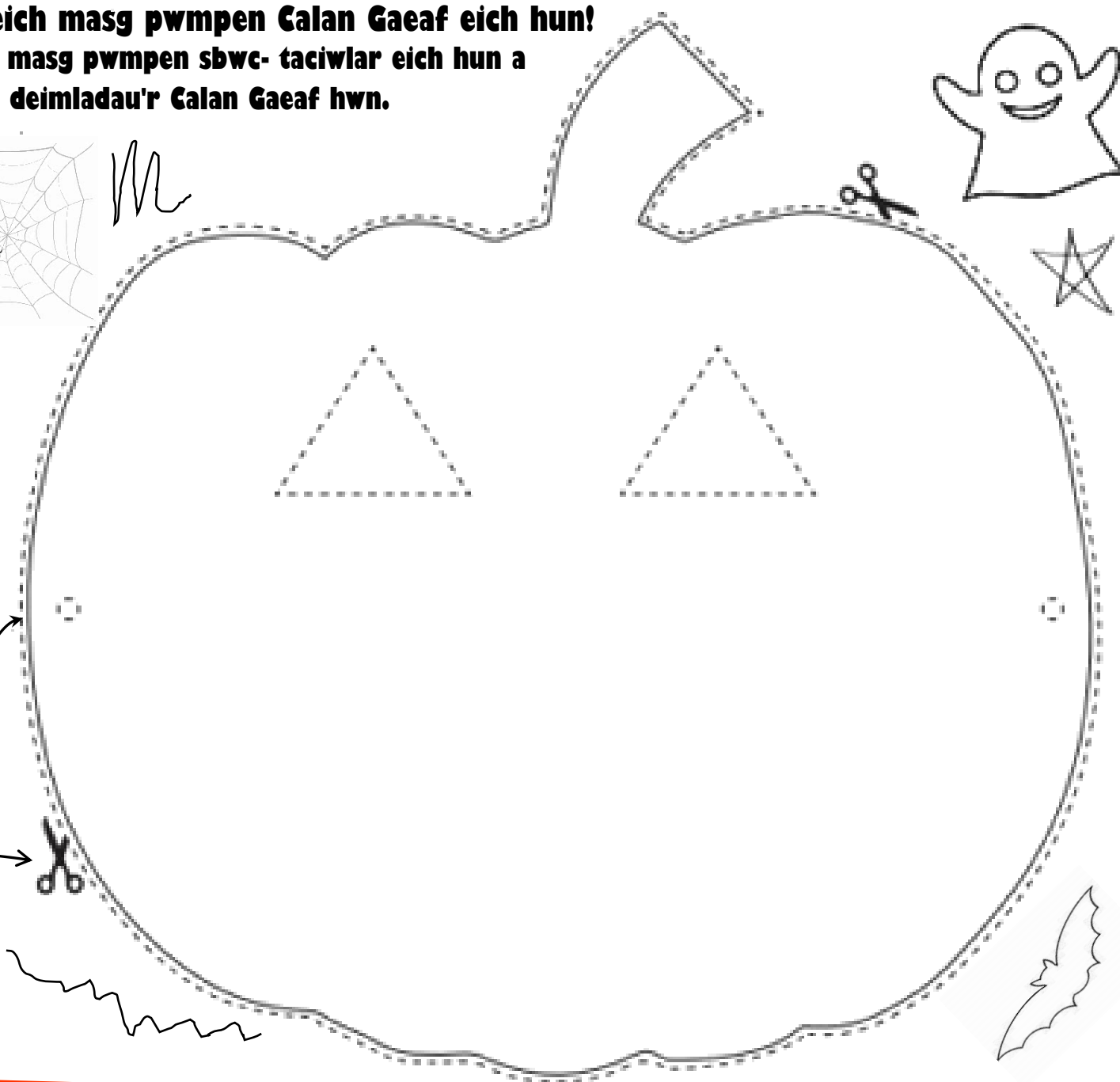
Ddig Gwirion Poeni



Gofynnwch i oedolyn am help
 i dorri ein masg

Clymu elastig drwy'r tyllau, neu gwnewch
 ddeiliad ffon loli i orffen eich masg

Rhannwch luniau o'ch masgiau pwmpen
 ar Trydar gyda'r tag @cyfoeth_enrich
 wedi'i gynnwys!



Make your own Halloween pumpkin mask!

Create your own spook-tacular pumpkin mask and learn about feelings this Halloween.

Circle one feeling below to help you design your pumpkin, then get drawing!

My pumpkin is feeling:

Happy Sad Excited



Angry Silly Worried



Ask an adult for help with cutting out your mask

Tie elastic through the holes, or make a lolly stick holder to finish your mask

Share photos of your pumpkin masks on Twitter!

